

# A Day in the Life of Your United Way Contribution



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| <b>6 a.m.</b>  | Early drop off for childcare begins as working families start their day.  |
| <b>7 a.m.</b>  | A student is packing her homework in the backpack she received from Running Start for School.   |
| <b>8 a.m.</b>  | A classroom of 4 year olds practices phonetic sounds and engages in group play.   |
| <b>9 a.m.</b>  | The mobile dental clinic is set up at an elementary school and begins seeing uninsured students.  |
| <b>10 a.m.</b> | A peer counselor arrives to help a lonely senior cope with grief and loss.  |
| <b>11 a.m.</b> | Meals are delivered to seniors in Olmsted County, allowing them to live more independently.   |
| <b>12 p.m.</b> | An adult is taking job skills classes to improve his employability.   |
| <b>1 p.m.</b>  | A young person at risk of homelessness is connected to stable housing and other basic needs.  |
| <b>2 p.m.</b>  | A low-income tenant gains access to and representation in the legal system, preserving her rights.  |
| <b>3 p.m.</b>  | Youth eat a nutritious snack, play dodge ball and get home work help in an after-school setting rather than go to an empty home.                        |
| <b>4 p.m.</b>  | A mentor meets with her assigned child to bake cookies and cycle the bike paths together.   |
| <b>5 p.m.</b>  | Volunteer medical staff begin seeing low-income patients, diverting emergency room visits.  |
| <b>6 p.m.</b>  | An educational session is starting for grandparents who are raising their grandchildren.  |
| <b>7 p.m.</b>  | A child is playing dominoes with dad in a safe and supervised environment.  |
| <b>8 p.m.</b>  | A new family in the community meets with a bilingual community health outreach worker for help in completing medical forms for an upcoming appointment. |
| <b>9 p.m.</b>  | Homeless families are completing a life skills and financial literacy class at the shelter.   |
| <b>10 p.m.</b> | High school youth are wrapping up an evening of fitness for life and leadership activities.   |
| <b>11 p.m.</b> | A laid off worker is talking to a warm line volunteer for support and coping skills.  |
| <b>12 a.m.</b> | A senior searches the electronic data base for volunteer opportunities which utilizes their skills and knowledge.                                       |
| <b>1 a.m.</b>  | A postal delivery truck loads books from Imagination Library ready for delivery in the mail for a child.  |
| <b>2 a.m.</b>  | Parents are better able to cope with their situation knowing their infant sleeps safely and soundly in crisis care.                                     |
| <b>3 a.m.</b>  | The 2-1-1 line is taking calls from area residents needing information and referrals.   |
| <b>4 a.m.</b>  | A delivery truck is being loaded with fresh, locally grown, donated vegetables for area food pantries helping people access nutritious food.            |
| <b>5 a.m.</b>  | A young man with a developmental disability is rising to prepare for his job at the warehouse with his job coach.                                       |

Check out additional community work your contribution makes possible at [www.uwolmsted.org](http://www.uwolmsted.org) or give us a call at (507) 287-2000. Visit us at 903 West Center Street, Suite 100, Rochester, MN 55902.

**Thanks for making a real difference in people's lives!**