

What Your Dollar Buys

United Way
of Olmsted County



It takes everyone in the community working together to create a brighter future. You have the power to make a real difference!

Your weekly United Way gift buys for just...

\$1 a week you can provide:

- 60 nutritious meals – a basic need
- 20 books mailed directly to a preschooler - the gift of literacy

\$2 a week you can provide:

- 2 dental care visits for a child on site at school – access to better health
- Financial literacy – the basics of budgeting, credit and savings for financial stability

\$4 a week you can provide:

- Early intervention for mental health care – less expensive than an emergency room visit

\$5 a week you can provide:

- 2 children or youth access to great mentors – involved youth lead to higher graduation rates

\$10 a week you can provide:

- A vulnerable senior independence – the gift of being able to remain at home safely

\$15 a week you can provide:

- A second chance for a homeless family – a temporary home and resources to stop a downward spiral



Just a few ideas of how much you could save to improve people's lives.

If you...

- Skipped a premium coffee just once a week for a year—\$182
- Brought your lunch one day a week for a year rather than going out—\$416
- Used a refillable water bottle rather than buying a new one every day—\$365
- Gave yourself a weekly manicure or pedicure rather than going to the salon—\$1,820
- Rode a bike or walked instead of taking a car to a meeting once a week—\$212
- Skipped a snack the vending machine once a week—\$65
- Cut out a dozen golf games this year—\$600

GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED